

# Whitsunday National Parks



*life's best moments*



Queensland  
Government

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## Parks at a glance

	Wheelchair access	Camping	Toilets	Day-use area	Lookout	Public mooring	Anchorage	Swimming and snorkelling	Divng	Bushwalking	Mountain bike riding
Conway NP		✓	✓	✓	✓					✓	✓
Dryander NP		✓	✓								
Gloucester Islands NP		✓	✓				✓	✓			
Holbourne Island NP								✓	✓		
Lindeman Islands NP		✓	✓		✓		✓	✓	✓	✓	
Molle Islands NP		✓	✓		✓	✓				✓	✓
Repulse Islands NP		✓					✓				
Whitsunday Islands NP		✓	✓	✓	✓	✓	✓	✓	✓	✓	

For a more comprehensive guide of the parks listed above, visit [qld.gov.au/nationalparks](http://qld.gov.au/nationalparks)

Photos: (front cover) Stunning view from Whitsunday Peak, looking over Cid Harbour, the top of Whitsunday Island and further afield to Hook Island. Justin Heitman © Qld Govt; (this page) Adam Creed © Qld Govt

# Be inspired

**Abandon**  
daily life for a tropical island paradise, leaving nothing but footprints in the sand.



**Treasure**  
ancient rock art and middens of one of Australia's earliest-recorded Indigenous groups, the Ngaro People.



**Drift**  
from island to island fanned by the balmy Whitsunday breezes.

**Explore**  
landscapes of wind-swept grasstree heaths and far-reaching vistas of the tropical Whitsunday coast.



**Dive**  
into an underwater world of vibrant colour in the Great Barrier Reef World Heritage Area.



Photos (clockwise from bottom right): Justin Heitman © Qld Govt; © Tourism and Events Queensland; Justin Heitman © Qld Govt; Justin Heitman © Qld Govt; Lisa Scott © Qld Govt

# Welcome to The Whitsundays

“ The Whitsundays is a stunning area filled with views of unspoilt islands, powdery sand beaches, and turquoise waters. It has endless spots to find your own private beach to relax, go for a snorkel, have a fish or take a bushwalk. If you enjoy camping, there are 29 camping areas to choose from, 26 of which you can get to only by boat. One of the islands even has mountain bike tracks. The magical Whitsundays is just waiting to be explored!  
*Ranger Kay*  
*on behalf of the Park Rangers of the Whitsundays*



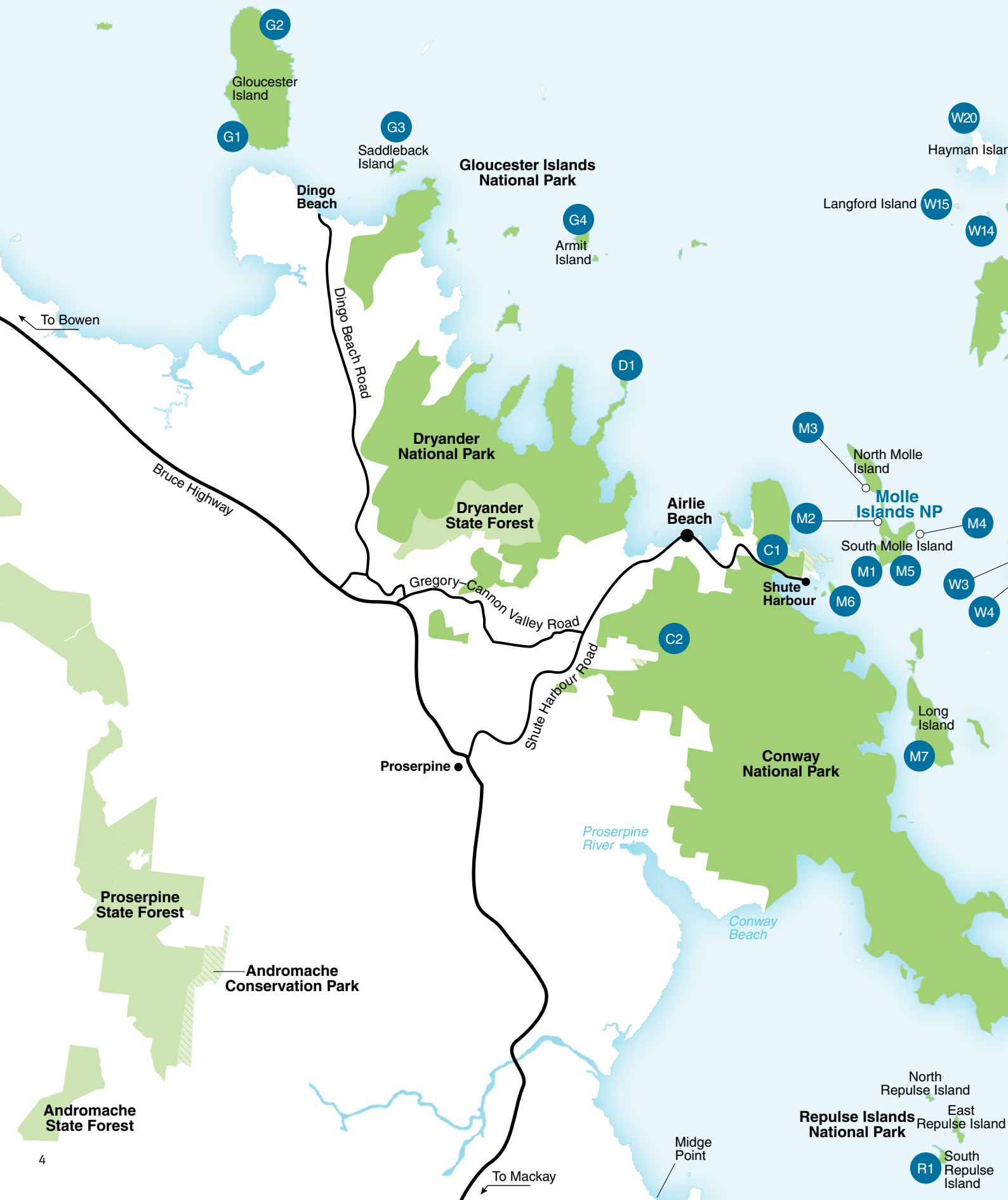
Photos: (above) © Qld Govt; (right) Justin Heitman © Qld Govt

The Whitsunday area is the traditional land and sea country of the Ngaro people and Gia people. The Traditional Custodians maintain a strong and ongoing connection with this area and ask you to tread with care and respect when visiting this amazing place.

*Wadda-moolie* (welcome). Welcome to our Country—the Conway Ranges. We ask that you respect our beautiful and significant places and join us in caring for our Country—a place for us all to treasure and enjoy, for now and for our future generations.

**On behalf of the Birri-Gubba Nation, and the Gia and Ngaro Elders and Traditional Custodians, *bindi-you-ninda* (thank you).**

# Parks of The Whitsundays (mainland and islands)





Island and site name	Map reference
<b>Whitsunday Islands National Park</b>	
<b>Whitsunday Island</b> Dugong Beach	W1
Sawmill Beach	W2
Nari's Beach	W3
Joe's Beach	W4
Chance Bay	W5
Whitehaven Beach	W6
Cairn Beach	W7
<b>Hook Island</b> Maureens Cove	W8
Steens Beach	W9
Curlwe Beach	W10
Crayfish Beach	W11
Manta Ray Bay	W12
Butterfly Bay	W13
Black Island	W14
<b>Langford Island</b> Langford Spit	W15
<b>Border Island</b> Cateran Bay	W16
<b>Haslewood Island</b> Stockyard/Chalkies	W17
<b>Henning Island</b> Northern Spit	W18
Deloraine Island	W19
<b>Hayman Island</b> Blue Pearl Bay	W20
<b>Conway National Park</b>	
Mt Rooper	C1
Conway Circuit	C2

Island and site name	Map reference
<b>Molle Islands National Park</b>	
<b>South Molle Island</b> Sandy Bay	M1
Paddle Bay	M2
<b>North Molle Island</b> Cockatoo Beach	M3
<b>Planton Island</b>	M4
<b>Denman Island</b>	M5
<b>Tancred Island</b>	M6
<b>Long Island</b> Sandy Bay	M7
<b>Lindeman Islands National Park</b>	
<b>Lindeman Island</b> Boat Port	L1
<b>Seaforth Island</b> Orchid Beach	L2
Esme Beach	L3
<b>Thomas Island</b> Naked Lady Beach	L4
<b>Shaw Island</b> Neck Bay	L5
<b>Gloucester Islands National Park</b>	
<b>Gloucester Island</b> Bona Bay	G1
East Side Bay	G2
<b>Saddleback Island</b>	G3
<b>Armit Island</b>	G4
<b>Repulse Islands National Park</b>	
<b>South Repulse Island</b>	R1
<b>Dryander National Park</b>	
Grimston Point	D1



### Legend for publication

National park	Camping	QPWS office
State forest	Toilets	Information
Conservation park	Viewpoint	Information shelter
Ocean	Picnic table	Interpretive walk
Waterway	Sheltered table	Barbecue - wood
Highway	Walking track	Water <i>Treat before drinking</i>
Sealed road	Snorkelling/diving	
Unsealed road	Fishing	
Walking track	Public mooring	
Mountain	Anchorage	
Town/city	Parking	
Distance marker		
Bridge		



No matter which way you look at it, the Whitsundays are a glorious getaway.

Photo: © Tourism and Events Queensland


## Plan your getaway

Experience a holiday to remember in the heart of Queensland’s Great Barrier Reef. Discover dazzling white secluded beaches, ancient Aboriginal rock art, sweeping grasslands and rocky shores fringed with coral reefs. The Whitsundays offers an endless choice of natural adventures.



### Global treasure

The Whitsunday islands, and their surrounding waters, are protected in the Great Barrier Reef World Heritage Area, Australia’s first and the world’s largest World Heritage Area. After stupendous rifting and ripping of the earth’s crust, the Whitsundays islands—remnants of ancient volcanic calderas—remain as a group of more than 90 green gems now dotted in the aquamarine Coral Sea. This remarkable

 Above: The Whitsunday’s world famous Heart Reef is best seen from the air. Top right: Setting out on a canoe adventure on the Whitsunday Ngaro sea trail. Below right: Play about in the waters off Daydream Island. Photos: (above) © Commonwealth of Australia (GBRMPA); (top right) Justin Heitman © Qld Govt; (below right) © Commonwealth of Australia (GBRMPA)

ecosystem, the world’s largest barrier reef, is home to thousands of different species of plants and animals. Come and see for yourself! Find out more at [gbrmpa.gov.au](http://gbrmpa.gov.au)

### Best time

It’s pleasant all year in the Whitsundays, but April to September are the best months when daytime temperatures are milder (21–26°C) and nights are cooler (16–22°C). Water temperatures in the ocean vary throughout the year from 22–27°C. It can rain any time, but the heaviest rains fall between January and March. Cyclones are more likely to occur between November and April, so make sure you read any emergency advice ([bom.gov.au](http://bom.gov.au)) before you visit.

## Best way

The Whitsunday coast is about two thirds of the way along Queensland's coast between Brisbane and Cairns. Drive 1120km (12hrs) north from Brisbane, or 630km (7hrs) south from Cairns, to Proserpine on the Bruce Highway. Follow signs to Airlie Beach—30km along Shute Harbour Road. Plane flights from Brisbane take about 1.5hrs. Plane flights are also possible from Proserpine and Hamilton Island.

## Mainland parks

You can reach Conway National Park by 2WD and enjoy many options for walking or mountain-bike riding around the coastal fringe or up in the range. You'll need a boat to get over to Dryander National Park's secluded Grimston camping area.

## Island parks

You can reach the Whitsunday islands by joining a tour or private charter, using your own kayak or vessel or hiring a tinnie or a bareboat—no skipper or crew.

## Add some local flavour


Time your holiday with a local event. There's the annual music festival in November or sailing, fishing and triathlon events throughout the year. Find out more at [qld.com.au](http://qld.com.au) and [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au)



## Guided tours

Get on board a guided tour with an experienced and friendly local. Enjoy sailing and snorkelling day trips or overnight camping where tourism operators take you away from the crowds. Commercial water taxis from Shute Harbour can drop you at island camp sites, where you can walk, snorkel, dive and fish, or just relax. Visit [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au) for tour details.



 Top: Sailing around the Whitsundays is something special. Above: Get a bird's eye view of the reef. Below: Stop, breathe and enjoy the views from the walks on the Whitsunday Ngaro Sea Trail.

*Photos: (top and above) © Tourism and Events Queensland; (below) Dave Harper © Qld Govt*





Come face to face with some big beauties of the reef.

Photo: Darren Jew © Tourism and Events Queensland

## Outdoor adventures

Embark on a sea venture to an island national park—there are many to choose from. Or explore inland, where the rugged range provides a perfect place for exploration on foot or mountain bike.



### Pull on your shoes

Walk a little or a lot, choosing from easy short walks to longer full-day or multi-day hikes. See p27 for track classification and choose the right walk for you.

### Get on your bike

Peddle on South Molle Island or around the many shared trails in Conway National Park.

### Float your boat

The best way to see most of the Whitsundays is to float! Take your own boat, hire one or let a tour operator look after everything. If paddle power suits your style, grab your kayak and island-hop on the Whitsunday Ngaro Sea Trail, staying at a different camp site each night.



There's lots to do in the Whitsundays whether you're walking, on wheels or on the water.

Photos (clockwise from top right): Justin Heitman © Qld Govt; © Commonwealth of Australia (GBRMPA); © Tourism and Events Queensland; © Tourism and Events Queensland



### Explore underwater

Dive bommies, crevices and caves along the reef slopes. Cool off and snorkel around rocks and reefs. Ask the locals for some top spots to dive and snorkel.

### Watch whales

Witness awe-inspiring acrobatics by majestic humpback whales visiting between May and September to calve in the warmer waters.

### Get a different story

The Ngaro and Gia people have a spiritual and unbroken connection to this land and sea country spanning more than 9000 years. Visit the stone-tool quarry on South Molle Island and the Ngaro Cultural Site in Nara Inlet on Hook Island.



### Pitch your tent

Camp over at one of 29 camping areas across the islands or mainland parks. Some island camping areas have only one site, so you'll have the whole place to yourself! Remember to book your national park camping online at [qld.gov.au/camping](http://qld.gov.au/camping)



Hill Inlet, a stunning swirl of sea and shifting sands.

# Whitsunday Islands National Park

### Must dos

- Snorkel or dive to see a stunning underwater world.
- Climb to Hill Inlet lookout.
- Visit the Ngaro cultural site.

### Getting there

Whitsunday Islands National Park, 25km east of Airlie Beach, protects 30 islands, including Whitsunday, Black, Hook and Langford islands. Visit by private or commercial boat, helicopter or sea plane from Airlie Beach or Shute Harbour. Some companies drop off and collect campers.

Discover a slice of paradise on jewel-green isles surrounded by turquoise blue waters.

Marvel at the swirling sands of Hill Inlet, an area rich with links to the Ngaro people’s past. Relax on world-famous Whitehaven Beach then take a short walk to view the stunning Solway Passage. See the Whitsundays, as if from the roof of the world, via some new spectacular walks opening in 2018.

### Things to do

#### Snorkelling and scuba diving

Snorkel the reef at high tide or explore coral bommies, crevices and caves along the reef at Whitsunday, Hook, Black, Langford, Haslewood and Deloraine islands.

#### Wildlife spotting

The Whitsundays are alive with wildlife. You’ll be delighted at the wondrous complexity of life around you.



Watch pied oystercatchers probing for small molluscs in the shallows.

Photo: Mick Barrett © Qld Govt

Walk along the squeaking, white sands of famous Whitehaven Beach.

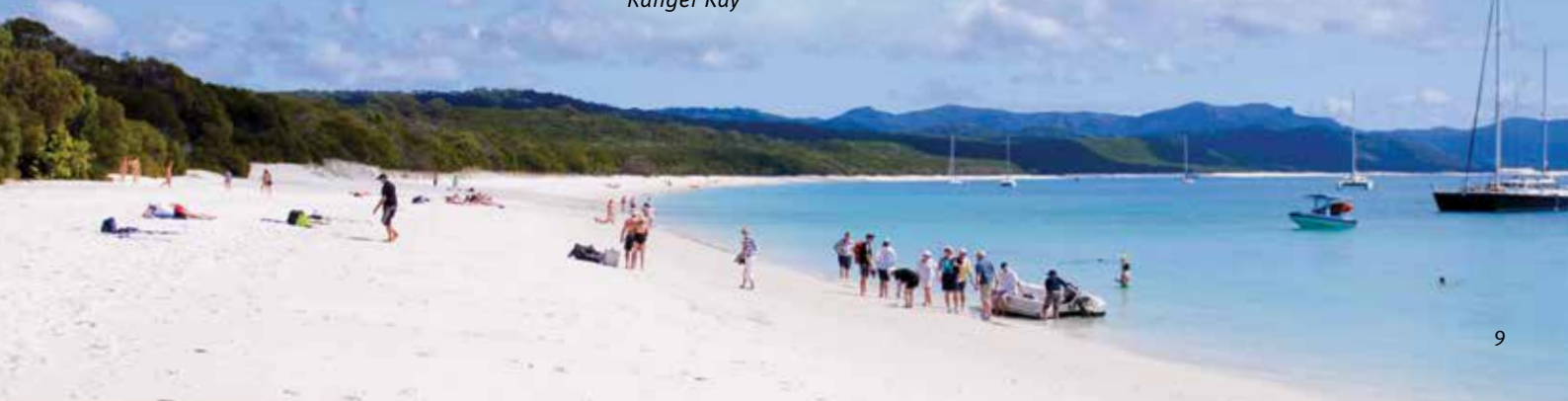
Photo: Justin Heitman © Qld Govt

#### Ranger tip

“Manta Ray Bay is an awesome spot to see some really big fish, such as the big, beautiful and protected Maori wrasse, some cheeky trevallies and millions of smaller reef fish.  
*Ranger Kay*

#### Fishing and walking

Either cast a line off Dugong Beach or take a short, easy walk over to Sawmill Beach. Pack extra food and water and tackle a longer uphill hike (2.5km) up to Whitsunday Peak and be rewarded with incredible views.



## Places to go

### Whitsunday Island

#### Solway circuit

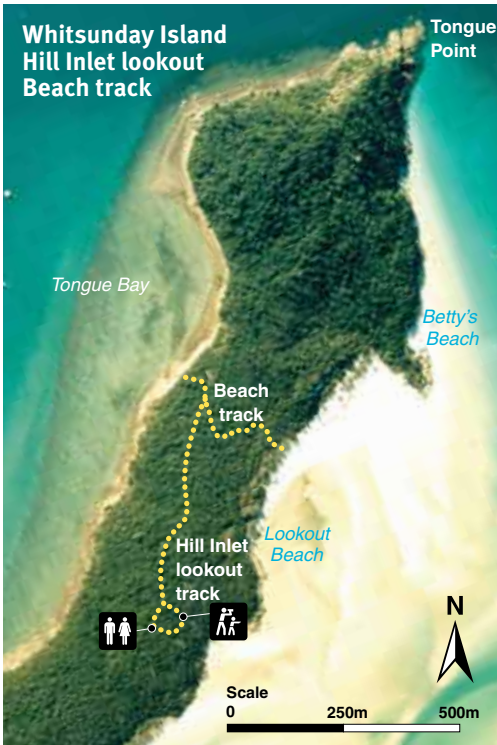
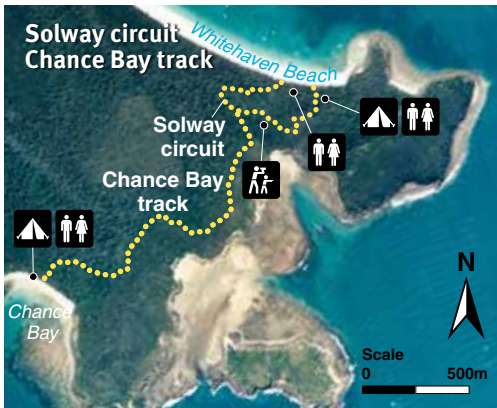
1.2km return. Allow 40mins.

Wander along this one-way circuit from Whitehaven beach uphill to a natural rock platform with spectacular views over Solway Passage and the surrounding islands.


#### Chance Bay track

7.2km return. Allow 2.5–3hrs.

Follow this track through some of Whitsunday Island's more secluded areas to peaceful Chance Bay. This delightful walk branches off the Solway circuit.



### Legend

 Whitsunday Ngaro Sea Trail walking track

#### Hill Inlet lookout track

1.3km return. Allow 40mins.

Take an uphill wander to multiple lookouts for stunning vistas over Hill Inlet's turquoise waters and white sweeping sands—a highly-significant area to the Ngaro people. Access the track from Hill Inlet or Tongue Bay.

#### Beach track

500m return. Allow 20mins.

Branch off the Hill Inlet lookout track and head downhill to the bright-white, quartz sands of Hill Inlet and across to Whitehaven Beach, considered one of the top ten beaches in the world.

#### Dugong-Sawmill track

3km return. Allow 1hr.

Walk under stands of giant rainforest trees and solitaire palms before entering what seems a fairyland of mosses, lichens and fungi on this semi-shaded walk from Dugong Beach to Sawmill Beach.

#### Whitsunday Peak track

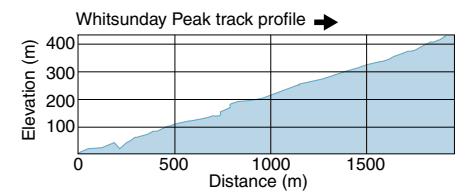
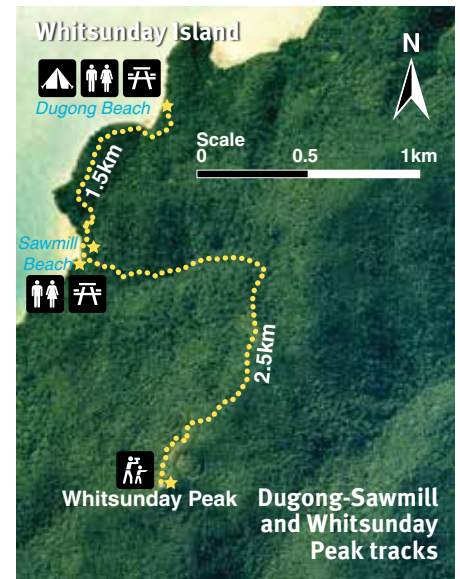
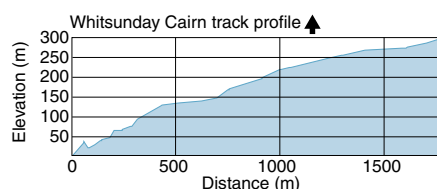
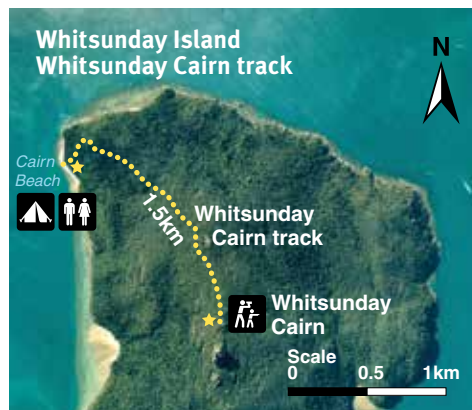
5km return. Allow 4hrs.


Walk uphill from Sawmill Beach day-use area to windblown heaths, for impressive vistas from the 'roof of the Whitsundays'.

#### Whitsunday Cairn track

4km return. Allow 3hrs+.

Walk from Cairn Beach—Whitsunday's most northerly beach—up to a ridge covered with giant grasstrees. It's steep and challenging, but what a view—simply breathtaking.



 The Whitsunday Peak and Whitsunday Cairn tracks are difficult to traverse and can be slippery in wet weather. You must be well prepared, take plenty of water, have a good level of fitness and wear ankle-supporting footwear to safely complete these tracks.

#### Langford Island

300m one way. Allow 20 mins.

Stroll the mangrove lined shore before gently walking uphill through mixed tall trees, small ferns and orchids. Marvel at the remarkable Whitsunday Bottle Trees and enjoy views along the island's spit to nearby Black and Hook Islands.

#### Hook Island


##### Ngaro cultural site

340m return. Allow 20mins.


Protected from the elements in a once-hidden cave, the Ngaro people adorned the fragile rock surface with their artwork over the last 9000 years. Clamber up a short, and initially steep track with steps, to a viewing platform at the cave's entrance.

## New walks due for completion late 2018


For your safety please follow on-site advice.


 **Haslewood Island**  
300m one way. Allow 20 mins.

Leave Chalkies Beach behind as you walk uphill to the island's rocky headland. Passing through a natural gully of shady eucalypts and grasstrees, you are rewarded with spectacular island and sea views from the lookout.

 **Border Island**  
1.2km return. Allow 1hr.

Explore ashore and enjoy Cateran Bay from above on this short walk. After an initial steep ascent, meander along the island's saddle of native grassland and enjoy views from two diverse lookouts.

 **Whitehaven Beach lookouts**

 **Headland track**  
1km return. Allow 30 mins.  
750m headland track. Allow 30mins.

This is a premier walk. You'll see Whitehaven Beach's 7km shoreline with uninterrupted views. And get a closer look at the enthralling Solway Passage. There's fascinating rock formations and wonderful views of the Whitsunday Island peaks and the islands dotted in a sparkling sea.

## Places to camp

### Whitsunday Island
























































**Dugong Beach** is a great place to take the kids and can accommodate larger groups, while **Joe's Beach** is secluded, but offers great views across to Cid Island. **Cairn Beach** is a kayaker's camping delight.

### Hook Island

Boat up to and camp over at Hook Island's **Maurens Cove, Steens, Curlew or Crayfish** beaches. Stay a couple of days to snorkel the island's fringing reefs and spend an hour or so at the Ngaro cultural site. Start at Nara Inlet—an excellent deep overnight anchorage, accessible at mid to high tide—and leave at least an hour to immerse yourself in the stories of the past.

### Henning Island

Picnic on the sandy beach, near the **Northern Spit** camping area, and enjoy views of Whitsunday and Hamilton islands. The Spit is accessible by boat at all tides, but is a poor anchorage. Please use the public moorings here.

Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Whitsunday Islands National Park</b>				
<b>Whitsunday Island</b> Dugong Beach	W1	      	Sand	Camping area backed by rainforest and connected by a 1km walking track to Sawmill Beach. Dugong Beach has better anchorage than Sawmill Beach but for shallow draft vessels only. Care must be taken to avoid coral bommies, particularly at low tide.
Sawmill Beach	W2	 	Sand	Picnic area nestled amongst vine forest. Walking tracks lead to Dugong Beach and Whitsunday Peak.
Nari's Beach	W3	 	Sand	Camping area sits under rainforest canopy, tucked against a steep hill. It has outstanding views of Cid Island. Reef line close to shore with good access at mid to high tide.
Joe's Beach	W4	  	Sand	Secluded camping area with outstanding views of Cid and Molle islands. Fringing reef exposed at low tide. Boat access at mid-high tide.
Chance Bay	W5	     	Sand	Elevated camping area with views extending to Pentecost Island, Lindeman group and Cape Conway. Boat access at mid to high tide. Difficult to access in south-easterly winds but is good anchorage during northerly winds.
Whitehaven Beach	W6	    	Sand	Spectacular white sands with camp sites nestled in lowland vine forest and eucalypt woodlands with good shade. Views to Haslewood Island. Boat access at all tides.
Cairn Beach	W7	     	Sand	Surrounded by mountains and excellent views to Border and Dumbell islands. A large intertidal sand and rock flat is fed by a winding creek behind the beach. Shallow draft boat access. Poor anchorage; use public moorings. Kayaks are perfect.
<b>Hook Island</b> Maurens Cove	W8	  	Rubble	Camping area sheltered by pandanus and backed by small creek. Bay offers excellent snorkelling and anchorage. Anchoring is not permitted inside the cove's reef protection markers. Shallow draft boat access at mid to high tide. Poor anchorage. Perfect for kayaks.
Steens Beach	W9	  	Sand	Camping area set in rainforest behind the beach and overlooks Hayman Island. A small reef flat provides good snorkelling.
Curlew Beach	W10	  	Sand	Camping area backed by rainforest. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Crayfish Beach	W11	  	Sand	Outstanding beauty with extensive reef flat. Camping area sheltered by large rocky headland. Accessible at mid to high tide by shallow draft vessels only. Sheltered anchorage next to camping area.
Manta Ray Bay	W12		Sand	Excellent diving from boat, small beach with no camping. Use public moorings. Anchoring prohibited in the bay.
Butterfly Bay	W13		Sand	Excellent snorkelling/diving from boat. Use public moorings. Anchoring prohibited in the bay.
Black Island	W14		Sand	This is a popular site for snorkelling/diving, especially at high tide.
<b>Langford Island</b> Langford Spit	W15	  	Sand	Good snorkelling/diving site. All tide access.
<b>Border Island</b> Cateran Bay	W16	  	Sand	Popular snorkelling/diving site.
<b>Haslewood Island</b> Stockyard/Chalkies	W17	  	Sand	White sands; a quieter option to Whitehaven Beach.
<b>Henning Island</b> Northern Spit	W18	  	Sand	Backed by closed forest canopy. Accessible at all tides, very poor anchorage though moorings assist.
Deloraine Island	W19		Rubble	A more remote day visit site popular for snorkelling.
<b>Hayman Island</b> Blue Pearl Bay	W20		Rubble	Good snorkelling/diving site.





View the Molle Islands—verdant dots amid the ocean blue.

# Molle Islands National Park

## Must dos

- Cruise along the mountain bike trails, then walk to the lookout at Spion Kop.
- Walk up to Mount Jeffreys.
- Look for passing whales.

## Getting there

Molle Islands National Park is 10km east of Shute Harbour. Access is by private or hire boat from Airlie Beach or Shute Harbour. Some companies drop off and collect campers, bushwalkers and mountain bike riders. Walking tracks and shared trails on South Molle Island can be accessed from Bauer Bay or Sandy Bay camping area. Access from Paddle Bay is by walking only. Long Island walking tracks are accessed from either Happy Bay or Palm Bay.

Head over to this bushwalkers' paradise with superb views over picturesque island landscapes.

Pull on your boots and wander through South Molle's grasstree-studded grasslands or past ancient Ngaro stone quarry relics up to Spion Kop. Start a mountain-bike adventure on 14km of tracks catering for beginners and intermediate riders. Go snorkelling off the beach on South Molle's Sandy Bay or grab the fishing gear and head to the large camping area near **Cockatoo Beach** on North Molle Island.

**Denman Island** or **Planton Island**, where only one group with up to 6 people are allowed at one time. Be self-sufficient on **Tancred Island** with no facilities, where it's quiet camping and quite wonderful.

## Places to camp

Set up camp, then stroll on long sandy beaches, relax with a good book or just doze the afternoons away at one of the many camping areas on the Molle Islands. Relish quiet camping on



Look out for passing whales.  
Photo: Justin Heitman  
© Queensland Government

Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Molle Islands National Park</b>				
<b>South Molle Island</b> Sandy Bay	M1		Rubble	Good open camping area for bushwalkers with a pleasant beach fringed with casuarinas. Site readily accessible at mid to high tides.
Paddle Bay	M2		Sand	Camping area backed by rainforest and overlooking Daydream Island. Access to track system only possible at low tide. Access site via boat at mid to high tides.
<b>North Molle Island</b> Cockatoo Beach	M3		Sand	A number of large camp sites around the forest edge. Tides limit access. Anchorage off the beach is not recommended.
Planton Island	M4		Rubble	Secluded camping area set in dry rainforest behind the beach. Access is by boat at all tides, but anchorage off the beach is not recommended as it is exposed to winds and currents. You must pull your boat up onto, and anchor on, the beach or get dropped off by a commercial boat operator.
Denman Island	M5		Rubble	Small, quiet camping area set in dry rainforest above the shore. Set in a marine park green zone, so look but don't take or disturb anything. Get dropped off by a commercial boat operator or pull your boat up onto and anchor on the beach. Offshore anchorage is risky due to winds and currents.
Tancred Island	M6		Rubble	A very private camping area with Shute Harbour hidden from view by Repair Island. Accessible by small boat though care should be taken on the fringing reefs at mid to low tide. Pull boats up onto and anchor on the beach or get dropped off by a commercial boat operator.
<b>Long Island</b> Sandy Bay	M7		Sand	A small secluded beach lined with mangroves and backed by rainforest. Walking track departs from the camp site, allowing you to explore Long Island. Only shallow draft small craft can access the beach during mid to high tide.

## Places to go

### On foot on South Molle Island

#### Balancing Rock ④

2km return. Allow 1hr.

Walk through to Balancing Rock, perched in eucalypt forest, for views across South Molle's vegetation patchwork.

#### Paddle Bay ⑥

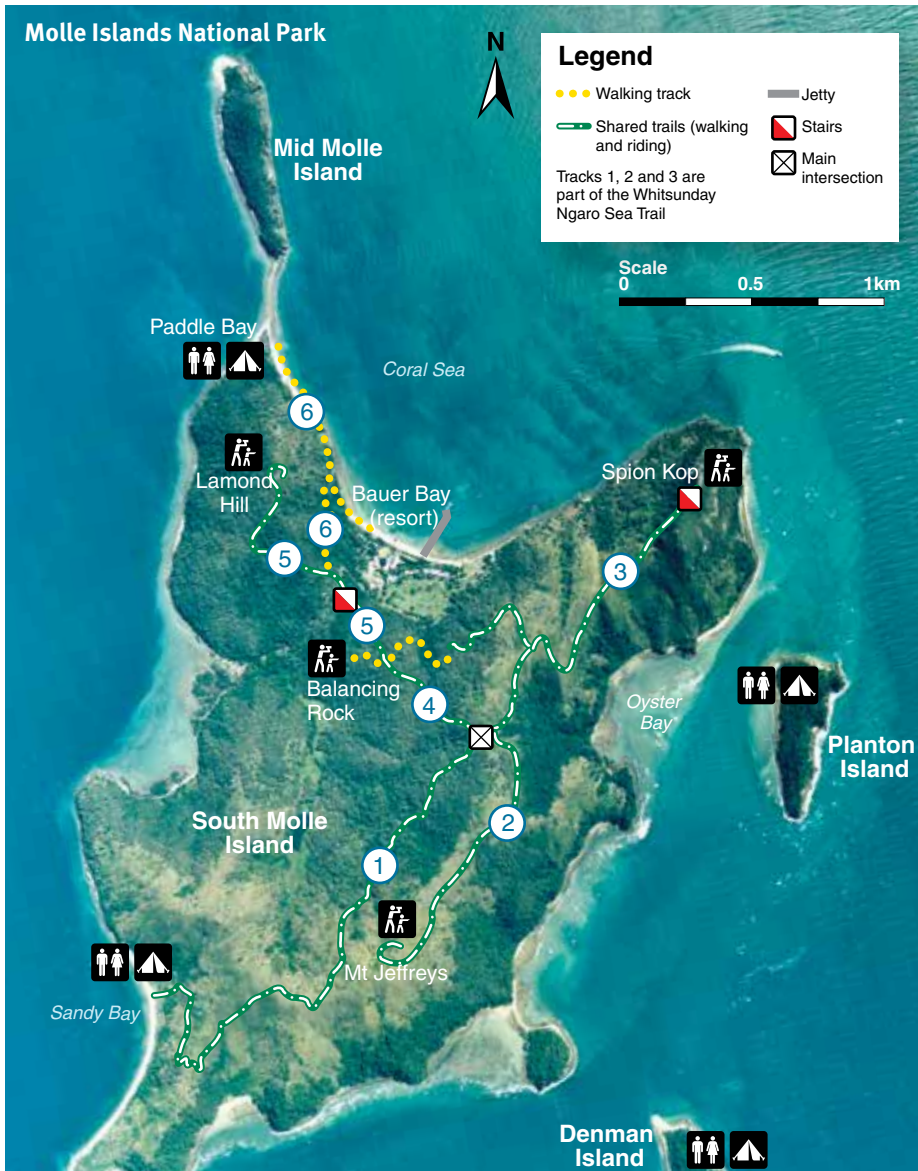
2.2km return. Allow 1hr.

Meander from Bauer Bay Beach to a coral beach, where at low tide you can walk to Mid Molle Island. Don't get caught out! You only have about 4hrs to complete the walk as access is tide related—that is 2hrs before and 2hrs after low tide!



 It's all about walking, riding and views, views, views on South Molle Island.

Photo: Adam Creed © Qld Govt



### Walk and ride on South Molle Island

#### Spion Kop ③

4.2km one way from Sandy Bay.

Allow 2hrs walking, 50mins riding.

2.3km one way from Bauer Bay.

Allow 2hrs walking, 30mins riding.

Walk or mountain-bike ride to lookouts over the resort and Whitsunday Passage. Walkers only from the set of stairs leading to Spion Kop.

#### Mount Jeffreys ②

4km one way from Sandy Bay.

Allow 2hrs walking, 30mins riding.

3km one way from Bauer Bay.

Allow 1–1.5hrs walking, 30mins riding.

Take this gradual slope to Mount Jeffreys, South Molle's highest point, and enjoy a sensational 360 degree view of the Whitsunday islands and mainland.


 You'll love this view from Spion Kop. It's worth every uphill step you take to get there.

Photo: Justin Heitman © Qld Govt

 **Sandy Bay ①**

4.2km one way. Allow 2hrs walking, 30mins riding.

A fantastic outing through patches of native grasslands studded with grasstrees and a beach lined with weeping coastal casuarinas.

 **Lamond Hill ⑤**

4.4km one way from Sandy Bay. Allow 2hrs walking, 45mins riding.

3.3km one way from Bauer Bay. Allow 1.5hrs walking, 45mins riding.

Enter from the western end of Bauer Bay and journey uphill—moderately steep—to overlook the mainland’s ranges. See page 27 for track classifications.





 Enjoy a good ‘leg-stretch’ of a walk on the Sandy Bay track, through a spectacular grasstree-studded landscape.

Photo: Adam Creed © Qld Govt



 Take time to take it all in; golden fungi, golden orb spiders and golden memories.


Photos (clockwise from top): Justin Heitman © Qld Govt; © Qld Govt; Mike Korotcoff © Qld Govt

### On foot on Long Island

 **Long Island circuit**

3.5km circuit. Allow 1.5hrs.

Have a happy day from Happy Bay on the only Long Island track with spectacular viewpoints.


 **Pandanus Bay**

900m return from Palm Bay.

Allow 30mins.

1.5km from Happy Bay. Allow 1hr.

Walk across the narrow island neck to a pandanus-lined rocky beach.

 **Humpy Point**

1.2km return from Happy Bay.

Allow 30mins.

2.6km return from Palm Bay. Allow 1hr.

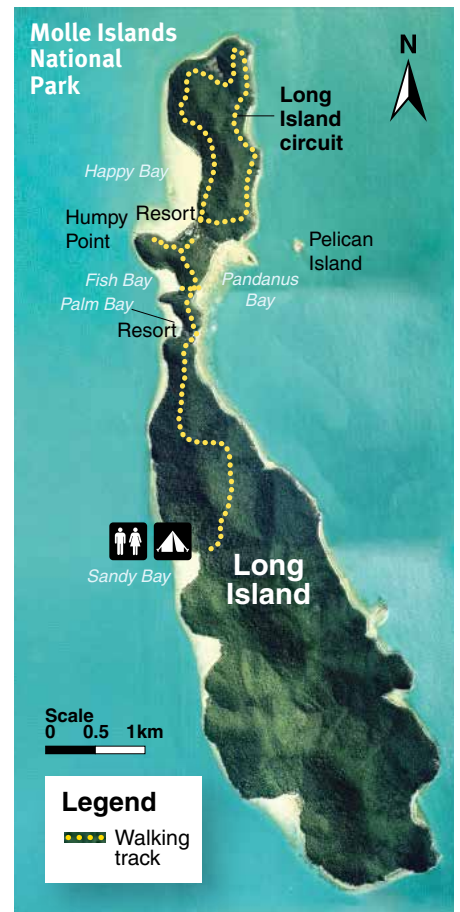
Need to stretch your legs? Take a wander through shady, dry rainforest thicket—an intriguing plant community.

 **Sandy Bay**

5.8km return from Palm Bay. Allow 3hrs.

8.2km return from Happy Bay. Allow 4hrs.

Pack a lunch and take this gently-climbing track, which eventually ends at a small secluded beach.





Breathtaking views from Lindeman Island across to Neck Bay and Shaw Island.

Photo: © Tourism and Events Queensland

## Lindeman Islands National Park

### Must dos

- Enjoy an early morning walk up Mount Oldfield for endless island views.
- Go for a snorkel, a dive or just splash about in the waters offshore.


### Getting there

Lindeman Islands National Park is 35km south-east of Shute Harbour. Access to the islands is by private boat from Airlie Beach or Shute Harbour.

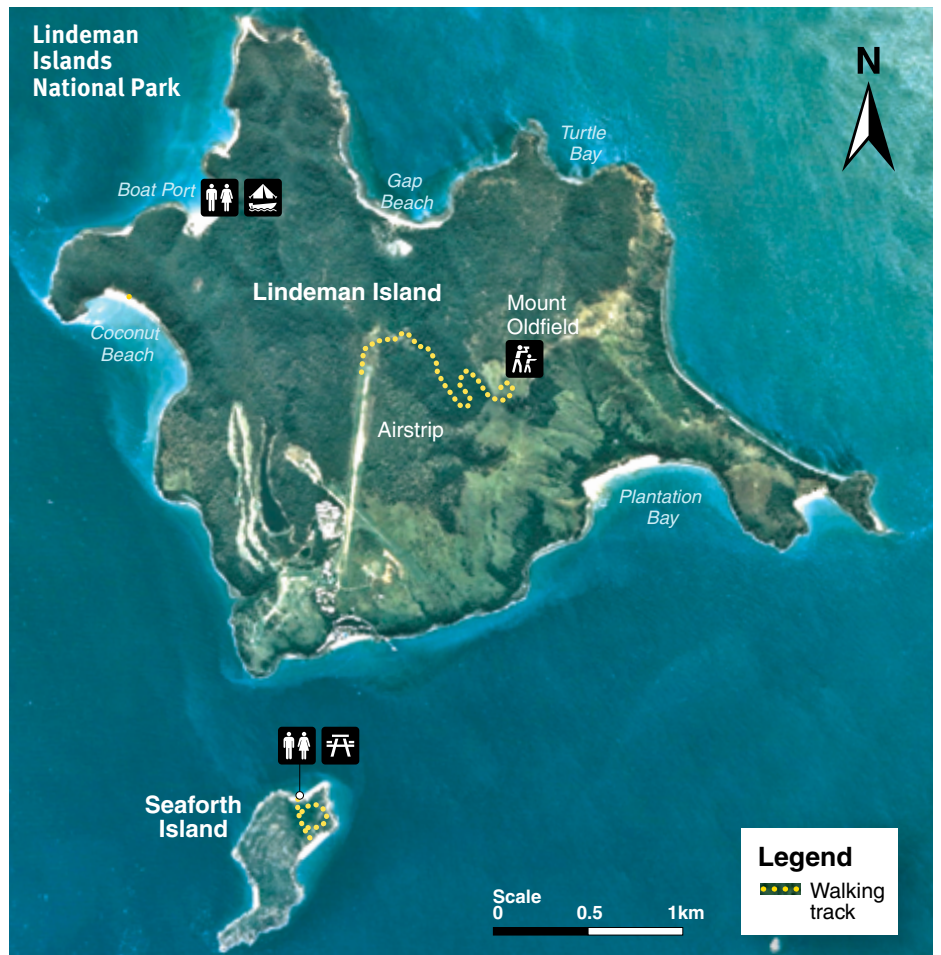
Set sail for this picturesque group of islands formed from ancient volcanic origins, now settled into a serene landscape.

This is ‘Country’ for the Ngaro people, who named Lindeman Island ‘Yara-kimba’—the place of snapper-bream fish. The island group includes 13 other islands including nearby Seaforth, Thomas and Shaw islands, and features the 212m high Mount Oldfield.



 Sit under a cool forest canopy or splash about in the inshore shallows around Lindeman Island.

Photos: (above right) Justin Heitman © Qld Govt; (below) © Tourism and Events Queensland






## Things to do

Hit the water for a swim or snorkel off one of the many beautiful island beaches. Cast a line off Lindeman, Seaforth or Thomas islands and catch dinner fresh from the sea. Head to the wetlands of Lindeman Island to see lots of birds or catch a glimpse of a shy bush stone curlew around the beaches.



 Clockwise from below left: A bush stone curlew and chick trying hard to blend into their surroundings. Staggering view to Shaw Island from Lindeman's Mount Oldfield track. Pitch your tent on Lindeman and stay a few days.

*Photos (clockwise from below left): Lisa Scott © Qld Govt; Adam Creed © Qld Govt; Sue Olsson © Qld Govt*

## Places to camp

Enjoy remote camping at Lindeman Island's **Neck Bay**—a vegetated sand spit between two former islands—especially if you're kayaking, or camp on the beach at **Boat Port** overlooking a bay once used to clean sailing vessels. Remember! Book your national park camping online at [qld.gov.au/camping](http://qld.gov.au/camping)













## Places to go


 **Mount Oldfield track, Lindeman Island**

7.2km return. Allow 3.5hrs.

Start this steady climb at the airport hut and walk through open eucalypt forest, thick vine forest and grassland. You'll be staggered by the magnificent views in every direction.

Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Lindeman Islands National Park</b>				
<b>Lindeman Island</b> Boat Port	L1	    	Sand	Quiet camping area backed by rainforest. Good site for bushwalkers with tracks through rainforest, grassland and open forest to spectacular views. Boat access at mid to high tide, with good anchorage.
<b>Seaforth Island</b> Orchid Beach	L2	   	Sand	A 500m track joins Orchid Beach to Esme Beach. Tunnel through open vine forest before emerging from beach scrub to take in views to Lindeman Island.
Esme Beach	L3		Sand	Quaint windswept beach faces southeast. Walking track to headland offers scenic views.
<b>Thomas Island</b> Naked Lady Beach	L4		Sand	Protected by its northerly aspect, enjoy views to Shaw Island's rocky outcrops.
<b>Shaw Island</b> Neck Bay	L5		Sand	Sheltered by dry rainforest, this site has wonderful views and sunsets over Lindeman Island. Access limited to mid to high tide. Access to beach and restrictions to behaviour apply from 1 October to 31 March every year.



 View a dusky dawn over the islands after an early morning walk up to Mount Oldfield.  
Photo: © Tourism and Events Queensland



Take in excellent views over Shute Harbour to a part of Conway National Park.

Photo: © Kim Finlay

## Conway National Park

### Must dos

- Walk the Kingfisher circuit and Wompoo way and spot some brilliant rainforest birds.
- Absorb the views over the azure waters of Whitsunday passage from Coral Beach and The Beak lookout.
- Save a day for the island parks off Airlie Beach or choose a tour that suits you best. Your choice is almost unlimited—plane charter, boat tour, jet-ski tours, fishing tours and canoe tours.

### Getting there

Conway National Park is 30km east of Proserpine, between Airlie Beach and Shute Harbour. Turn off the Bruce Highway just north of Proserpine, or 45km south of Bowen, then travel 26km to Airlie Beach on the Gregory–Cannon Valley Road. There is no national park access from Conway Beach township. From Airlie Beach, follow Shute Harbour Road south-east to Conway National Park day-use area.

Explore this peaceful part of the coastal mainland featuring secluded beaches and panoramic outlooks over the scenic Whitsunday area.

Rising above the busy coastal strip, Conway Range’s rainforests have provided a valuable refuge for 23 rare, threatened and endemic wildlife species. Conway, and its conservation parks, protect the state’s largest remnant of tropical rainforest outside the Wet Tropics of North Queensland World Heritage Area.


### Things to do

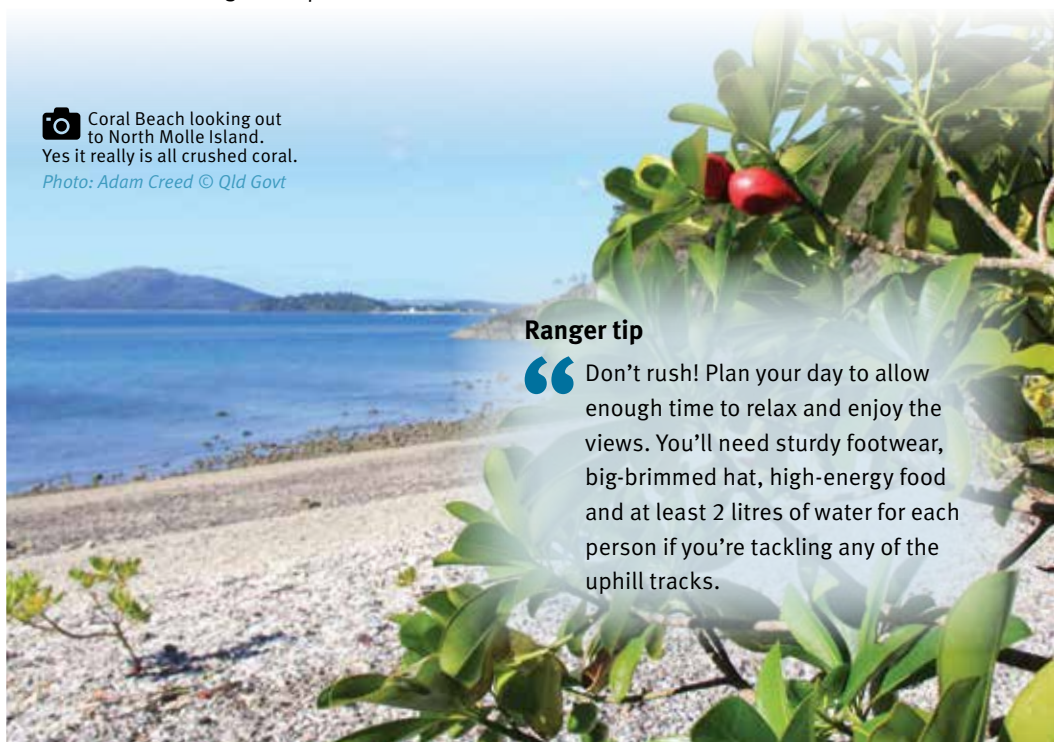
Take a stroll to Coral Beach, or give your legs a workout on uphill hikes for picturesque island views. Get the mountain bike ready and explore the Coastal Fringe circuit or, for a real work-out, the Conway circuit with overnight camps.

Wildlife is everywhere you look, from the iridescent blue flash of the exquisite Ulysses butterfly to orange-footed scrubfowls raking through the leaf litter. Listen for the descending trill of the buff-breasted paradise-kingfishers. They’re only around from November to March, coming here to nest in termite mounds.



 Ulysses butterfly  
Photo: © Tourism and Events Queensland

 Coral Beach looking out to North Molle Island. Yes it really is all crushed coral.  
Photo: Adam Creed © Qld Govt



### Ranger tip

“Don’t rush! Plan your day to allow enough time to relax and enjoy the views. You’ll need sturdy footwear, big-brimmed hat, high-energy food and at least 2 litres of water for each person if you’re tackling any of the uphill tracks.

## Places to camp

### Swamp Bay camping area



Enjoy a secluded, pebbly beach-side camping area, 2.1 km from Mount Rooper car park. Walk 1.5hrs from the car park or access it by boat at high tide.

### Conway circuit camping areas



Repulse Creek and Bloodwood are simple bush camps on either side of the Conway circuit track. Walking and riding is difficult due to the steep gradients in parts. Bloodwood offers good views of the islands. Water tanks are 200m past Bloodwood camp.

## Places to go

### Coastal tracks



#### Coastal Fringe circuit

1.2km circuit. Allow 45mins walking, 15mins riding.

Start at Conway National Park day-use area and walk or ride around the circuit track. There's a small tidal creek to cross.



#### Hayward Gully

3.2km return. Allow 1.5hrs walking, 30mins riding.

Follow the Hayward Gully circuit, off the Coastal Fringe circuit to lowland rainforest and rocky gullies.



#### Swamp Bay


4.2km return. Allow 1.5hrs walking, 30mins riding.

From Mount Rooper car park, walk around the foot of Mount Rooper to Swamp Bay. It's beautiful at high tide and in mid-winter, when there's fewer mosquitoes and midges. Bring lots of drinking water and energy snacks, as it's a hot, hard walk.

### Tracks around Mount Rooper

The Mount Rooper track junction—200m along the Swamp Bay track—provides four walking options. Be prepared—sturdy shoes, heaps of water, insect repellent and sun protection.



 View from Mt Rooper overlooking Long Island with Conway National Park (middle right).

*Photo: Adam Creed © Qld Govt*



#### Mount Rooper lookout

4.6km return. Allow 2.5hrs.

Take a challenging uphill walk through woodland plant communities. Soak up the panoramic vista of the Whitsunday Passage and islands. Return the same way you came.



#### Mount Rooper circuit

5.4km circuit. Allow 3.5hrs walking, 1hr riding.

Continue on from Mt Rooper lookout and catch incredible views to Daydream and North Molle islands. Head downhill to join the Swamp Bay track, then turn left to return to the car park.



#### Mount Rooper circuit and Swamp Bay

7.2km circuit. Allow 1 day walking, 1.5hr riding.

Spend a whole day walking on both the Mount Rooper circuit and Swamp Bay tracks. Remember, Swamp Bay is best at high tide.



#### Coral Beach

2.2km return. Allow 1.5hrs walking.

Enjoy a fantastic, family day walk to Coral Beach, with glorious views across the Whitsunday Passage. To get there, drive towards Shute Haven and park just off the road near the Coral Beach track entrance. The beach is exposed and on hot days can be sweltering.



#### The Beak lookout

3.4km return from Coral Beach track car park. Allow 2.5hrs.

Take the Coral Beach track and head towards the eastern end of the Beach. Continue on a moderate climb for 600m to The Beak lookout.

### Tracks around the Conway Range



#### Kingfisher circuit

2km return. Allow 45mins–1.5hrs.

This is a great walk for the family, although strenuous, and is a Ranger's favourite. It starts at the Forestry Road car park. After many stairs you'll re-join the main track—a shared-use track (walkers and riders)—to return to the car park.



#### Wompoo way

7km return. Allow 3.5hrs walking, 45mins riding.

Start at the Forestry Road car park, then follow the Conway circuit for 2.3km before turning left onto Wompoo way. Wander past a trickling creek to reach a beautiful waterhole.



#### Honeyeater lookout

8.2km return. Allow 3–4hrs walking, 2hrs riding.

This rugged track is a favourite for those up for a fitness challenge, both walking and riding. Known as a good 'leg-stretch' of a walk, with some gradients being up to 35 degrees within the first 2km, it's strenuous in parts, exposed and hot, but the views are worth every step. Start at the Conway circuit track entrance near Kara Crescent in Airlie Beach. The turn-off to the lookout is 2.3km along this track and it leads to a ridge and lookout with views over Cannonvale and the Whitsunday islands.

## Conway circuit



27.1km one way. Allow 3 days walking, 4hrs riding.

Pack up for three days of serious walking or riding and two nights of camping-in-the-rough and under the stars. There are two entry points—Forestry Road car park and near the top of Kara Crescent in Airlie Beach.

### Important things to know

- This walk is only suitable for fit, well-prepared walkers, campers or mountain-bike riders, as the many long, steep sections are strenuous.
- Choose the cooler months of the year.
- Bike riders; expect many steep sections on each leg of this track.
- Drink plenty of water! There are four water tanks along the track; fill your water containers at every opportunity, but please ensure taps are turned off and treat the water before drinking.
- Campfires are prohibited. Carry a fuel stove for cooking.
- Please carry all rubbish out with you.
- Get your camping permit online at [qld.gov.au/camping](http://qld.gov.au/camping)



Above: Cool off at Repulse Creek and sit a while.

Right: Buff-breasted paradise-kingfisher

Photos: (above) © Qld Govt; (right) © Ray Viljoen



### Forestry Road–Impulse Creek section

4.5km one way. Allow 1.5hrs walking, 40mins riding.

9km return. Allow 2.5hr walking, 1hr riding.

Walkers! Why not include the Kingfisher circuit, a delightful deviation that only extends your walk by 45mins. Another side track, well worth the effort, is Wompoo way, but you must return along the same track to rejoin the Conway circuit. The track gets considerably rougher after Impulse Creek crossing, so if you're only doing a day walk head back from here.



### Impulse Creek–Repulse Creek camp section

3.5km one way. Allow 1hr walking, 20mins riding.

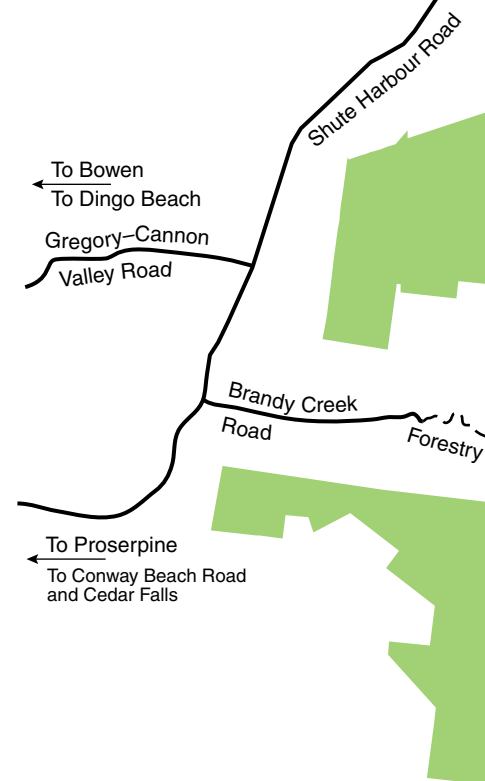
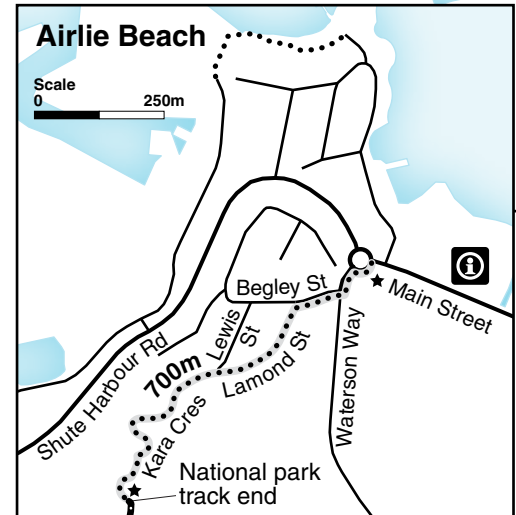
Go carefully as the track is somewhat rougher with many steep sections and crosses minor creeks. Enjoy the walk, but leave enough time to get to Repulse Creek camp well before nightfall.



### Repulse Creek Camp–Bloodwood camp section

11.5km one way. Allow 5–6hrs walking, 3hrs riding.

Follow the coastal ridge towards Airlie Beach and tackle a long, steep, challenging climb to reach Hayward lookout near the summit of Mount Hayward. Stop for some great views and cool breezes from here, but continue along the ridge to Bloodwood camp. Water tanks are 200m past the camp.



### Bloodwood camp–Airlie Beach section

8.5km one way. Allow 3.5 – 4.5hrs walking, 3hrs riding.

This is the steepest and most difficult section of all. On a clear day, it is well worth adding an extra 1.5hrs walking on a side track—not as steep—to the Honeyeater lookout with views beyond Cannonvale to the Dryander Range and out to Whitsunday Islands. Go back to the Conway circuit and walk downhill through sections of grasstrees, cycads and eucalypts to Airlie Beach. The track actually ends near Kara Crescent, but check the map insets and continue another 700m downhill into Airlie Beach.



**Conway circuit track profile**

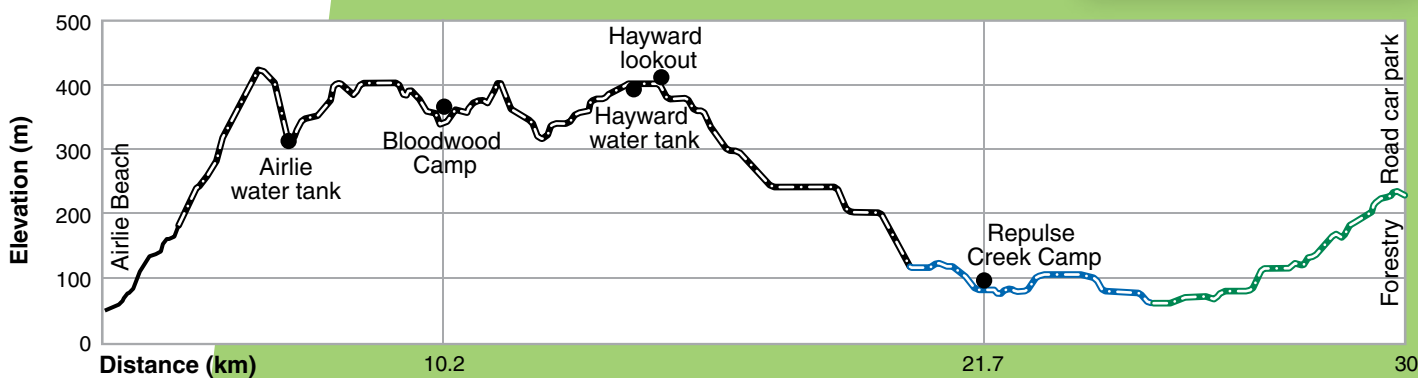




Photo: Adam Creeth © Qld Govt

Capture dream views like this one looking over to Gloucester Island.

## More top spots

### Must dos

- Splash about in the year-round warm, aqua waters of Bona Bay on Gloucester Island.
- Swim with manta rays feeding along the islands, generally May to September.
- Boat slowly and catch a glimpse of dolphins or dugong.

Escape to small uninhabited tropical locations and relax on golden sand, with not another soul in sight.

## About the parks

### Gloucester Islands National Park

The mainland locals say this is a ‘must-see’ stop-over. Choose from camping areas on Armit, Saddleback and Gloucester islands. Gloucester Island is the largest island in the group and, like Dryander National Park, is home to endangered Proserpine rock-wallabies.


### Getting there

**Gloucester Islands National Park** lies directly north of Cape Gloucester, 37km north-west of Airlie Beach. Access is only by private boat from Airlie Beach or Dingo Beach.

### Repulse Islands National Park

Despite the name, this is a beautiful group of islands. The three-island group was named by Lieutenant James Cook in 1770, when he felt repulsed to find the bay was not, as he suspected, a passage north. Seabirds love nesting here, so there’s an annual closure from 1 October to 31 March, to protect them. There is a small, no-facilities camping area on south Repulse Island. With only 12 campers allowed per night, you’ll enjoy a quiet camping experience.



 The Whitsundays. What a place! Home to Proserpine rock-wallabies on land and graceful manta rays under water.

Photos: (above) Kay Kunze; (right) © Mark Simmons



## Getting there

**Repulse Islands National Park** is 35km south-south-east of Airlie Beach. The islands are close to the mainland with several boat ramps nearby, including Shute Harbour and Abel Point Marina. Access to the park is by private boat only.

## Dryander National Park

Enjoy views over the scenic Whitsunday islands from this large coastal park just north of Proserpine, which protects important habitat for the endangered Proserpine rock-wallaby.

## Getting there

Although **Dryander National Park** is on the mainland, it is three nautical miles (13km) north of Airlie Beach, accessible only by boat from Airlie Beach or Dingo Beach.

## Holbourne Island National Park

Go to the very north of the Whitsundays for a rare treat. Holbourne Island is isolated and some say undeniably one of the most beautiful of the Whitsunday islands. There's a small pisonia forest near the shore—an oddity on this, a continental island. There's breeding seabirds and it's an important green and flatback marine turtle nesting site.

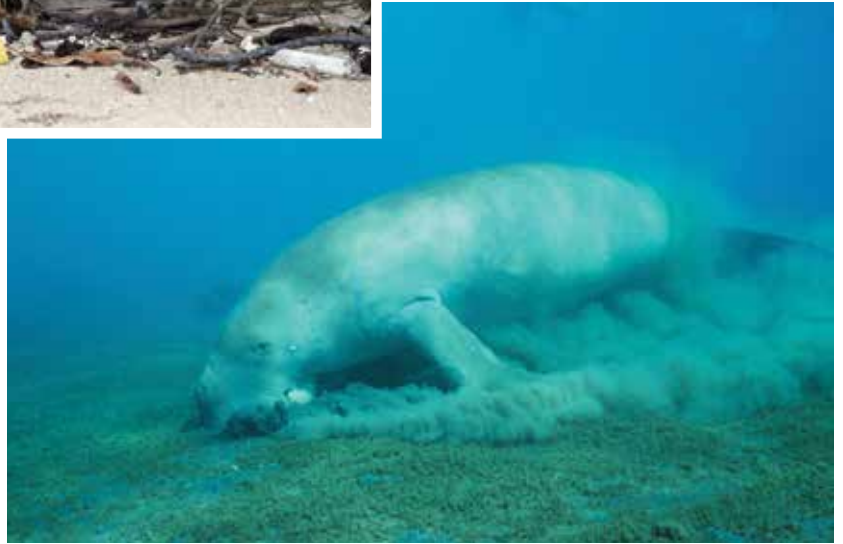
## Getting there

**Holbourne Island National Park** is 29km north north west of Gloucester Island, accessible only by private boat.



Left: A sooty tern finds some shade on the beach. Below: Snorkel and you might spy a gentle dugong feeding on seagrass off Dryander's shore. Bottom: Typical Proserpine rock wallaby habitat in Dryander National Park.

Photos: (left and below) © Commonwealth of Australia (GBRMPA); (bottom) © Qld Govt



Island and site name	Map ref. (p4)	Facilities and activities	Beach type	Further information
<b>Gloucester Islands National Park</b>				
<b>Gloucester Island Bona Bay</b>	G1		Sand	Camping area is large and shaded with ample space for secluded camping. Good anchorage accessible on all tides.
East Side Bay	G2		Sand	Between two rocky headlands, this camping area is set in vegetation behind the beach and next to a seasonal freshwater lagoon. The east-facing beach is steep with unreliable anchorage.
<b>Saddleback Island</b>	G3		Sand	Camping area offers a wilderness experience. Reasonable anchorage for small boats accessible on all tides. Be aware of current.
<b>Armit Island</b>	G4		Sand	Camping area suitable for small groups. Good anchorage accessible in all tides. Help protect migratory seabirds and stay off and away from Little Armit Island and Armit Island's southern beach during the seasonal restriction from 1 October and 31 March (inclusive) each year.



Set sail for a boating adventure in the beautiful Whitsundays.

Photo: © Tourism and Events Queensland

## Boating in the Whitsundays



Set sail with the wind in your hair, then plunge into turquoise waters to swim, snorkel and dive. To help protect the Whitsundays, please follow these guidelines and restrictions during your boating visit.

### Use public moorings

Public moorings are provided throughout the Whitsundays to help protect fragile reefs. There are five mooring classes marked by colour-coded bands that cater for different vessel lengths and wind speeds. Always use a public mooring where available.

	Maximum vessel length	Maximum wind speed
◆	6m - tender only	24 knots
◆	10m - monohull 9m - multihull	24 knots
◆	20m - monohull 18m - multihull	34 knots
◆	25m - monohull 22m - multihull	34 knots
◆	35m - monohull 30m - multihull	34 knots
△	Reef protection marker (RPM)	

“ The Whitsundays has a wonderful public moorings set-up. It means, if you are coming to the area with your own vessel, you can help to protect the corals from anchor damage by using the free public moorings. And as an added bonus, you can sleep soundly and not worry about your anchor during the night.  
*Ranger Kay*

### Observe ‘no anchoring areas’

Some Whitsunday reefs are particularly vulnerable to anchor damage and are protected in ‘no anchoring areas’. White pyramid-shaped reef protection markers indicate most locations. Never anchor inside a ‘no anchoring area’ or inshore of the buoy line, and never attach your vessel to a reef protection marker.

### Go slow for those below

The islands and surrounding reefs are home to marine animals, such as turtles, dugong, dolphins and whales.

- Always watch out for marine animals and avoid boat strike.
- If you see a sick or dead marine animal please phone RSPCA Qld on 1300 ANIMAL (1300 264 625).

📷 Above: Snorkeling is a great way to see the underwater beauty. Right: You might be lucky to see a whale mother and calf scooting past.

Photo: (above) © Tourism and Events Queensland; (right) Adam Creed © Qld Govt





## Watching whales

Humpback whales visit the Whitsunday area between May and September during their annual breeding migration. Calving and mating is a particularly vulnerable time for these charismatic creatures, and special rules are in place to limit potential tourist impacts. For their safety and yours, vessels must not approach closer than 300m of a whale in the Whitsundays Whale Protection Area, as marked on a marine park zoning map.

## Know your zones

The Whitsundays are in a marine park zone, which allows certain activities in some areas—with or without a permit—but prohibits them in others. Zoning maps are available from many local outlets, from Queensland Parks and Wildlife Service (QPWS) offices and online at [gbrmpa.gov.au/zoning-permits-and-plans/zoning/zoning-maps](http://gbrmpa.gov.au/zoning-permits-and-plans/zoning/zoning-maps).

The maps include public moorings and anchoring areas. You must always check for regulations, and specifically note the ‘designated water sports areas’ and the pink zone—i.e. no-go and no-take rules all year—that covers **Eshelby** and **Little Eshelby** islands.

## Protect nesting coastal birds and sea turtles

From October to April, sea turtles and thousands of coastal birds migrate to the Whitsundays to breed. Please observe restrictions to nesting sites and activities to help protect them.




 Nesting or roosting sea birds are easily disturbed, depleting their energy reserves vital for their successful return migration.

Photo: © Kay Kunze

## Significant site protection—access restrictions

Island	Period of restriction
Bird Island East Rock Edwin Rock Eshelby Island (pink zone: no-go and no-take) Little Eshelby Island (pink zone: no-go and no-take)	All year
Armit Island (south beach) Double Cone Island (west island) Grassy Island (south beach) Little Armit Island Olden Rock (south of Olden Island) Shaw Island (beach east of Burning Point) South Repulse Island (west beach, excluding campsite) Whitsunday Island, Steens Beach	Between 1 October and 31 March (inclusive)

## Significant site protection—regulations

- You must keep to a six knot speed approximately within 200m of the low water mark.
- No aircraft are allowed below 1500 feet (above ground or water), or to approach within 1000m.
- Stay out of the boat-free zones—that is approximately 200m around the following islands between 1 October and 31 March each year.
  - o East Rock
  - o Edwin Rock
  - o Olden Rock (south of Olden Island)
- Stay out of intertidal beaches that are closed temporarily to protect endangered wildlife.




 Go slow for those below. Dugong mother and calf spend at least two years together.

Photo: © Commonwealth of Australia (GBRMPA)



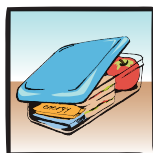
The shifting sands around Hill Inlet and Whitehaven Beach offer different views almost every day.

Photo: Dave Harper © Qld Govt

## Journey wisely

### Packing checklist

- Adequate drinking water, food and emergency supplies.
- Complete first-aid kit suitable for remote and/or marine situations.
- Detailed maps showing travel routes and distances.
- GBRMPA zone map MPZ10 for boaties.
- Sturdy rubbish bags and/or sealable, animal-proof containers. No bins are provided.
- Topographic map, compass and personal location beacon (PLB) for long distance walking.





### Camping


- Book well in advance. Camp sites in popular parks book out quickly, especially in peak periods.
- Book online at [qld.gov.au/camping](http://qld.gov.au/camping) or over-the-counter at QPWS office, corner of Mandalay and Shute Harbour Roads, Airlie Beach (open 9am – 4.30pm Mon – Fri).
- No generators.
- No ash-producing barbecues.
- Bring fuel stoves for cooking.
- Treat any water collected from tanks or watercourses, before drinking.




### Be safe

 **Be croc-wise!** Estuarine crocodiles live in some areas of the Whitsundays. Always stay alert, stay with your children, secure food and rubbish and camp away from the water. Take care particularly around near-shore islands, such as the Molle island group.

 Seek medical attention if stung by marine stingers. They are prevalent from November to May but may be present all-year. Wear suitable protective clothing (stinger suit) and carry vinegar as first aid to treat a sting.

 Never swim alone and stay out of strong currents. There are no lifesavers at any Whitsunday beaches.

 Avoid touching stinging trees. Brushing up against stinging tree leaves or fruit is extremely painful.



### Stinging trees

Tiny, hollow, needle-like hairs on their heart-shaped leaves pierce your skin, break off and release an irritant poison. There's intense, often long-lasting pain at the site and some effects can last up to three months. Rubbing the site and pouring water over it makes it worse! Seek treatment if badly affected.




 This shrub—Gympie-Gympie (*Dendrocnide moroides*)—is one of the two north Queensland stinging trees that really do pack a 'sting'.

Photo courtesy Queensland Herbarium: Jeanette Kemp © Qld Govt

## Cyclones, storms and tides

- Stay informed of the weather—cyclone season is November to April; storms anytime.
- Never set out walking, riding, swimming or boating if a storm (or cyclone) is close.
- Be prepared— islands may be evacuated well in advance of a cyclone making land.
- Tides and currents affect various passage and channel crossings differently—don't take risks, use maps and get local information.

## Be responsible

- **Be pest-free!** Make sure all camping equipment, backpacks, clothes, shoes and supplies are free of seeds, cane toads, geckoes, insects (including ants and their eggs) and soil.
- Leave nothing behind. Take plastics, food scraps, cigarette butts, sanitary and hygiene items, out of the parks and off islands and dispose of them responsibly.
- Bush toileting? Bury and cover waste and used paper.
- Stay away from nesting shorebirds.



## Did you know?

- Never feed or leave food available for wildlife. Penalties apply.
- Domestic animals are prohibited in all island and mainland national parks and beaches, and intertidal areas adjacent to island national parks in the Whitsunday area. Penalties apply.
- Careless anchoring and kicking damages corals. Don't touch corals with fins. Anchor and stand on sand next to corals.
- Boaties, go slow for those below—boat strike can kill turtles, whales and dugong.



## Be careful

- Never walk or bike ride alone.
- Plan everything you do according to your fitness level.
- Wear sturdy boots, sun protective clothing and insect repellent.
- Travel light and pack smart.
- Don't let the tides or time catch you out.
- Always inform family or friends of your planned itinerary.



📷 Above left: Keep a watch on the weather. Above right: Have fun but know your limits. Below right: Get local advice.






Photo: (above left) Mick Barrett © Qld Govt; (above right) © Tourism and Events Queensland; (below right) Justin Heitman © Qld Govt

## Know your limits

### Track and trail classifications

Class	Symbol	Suits	Track description
2		Families with young children	Track has a hardened or compacted surface and may have a gentle hill section or sections and occasional steps.
3		People with some bushwalking experience	Track may have short steep hill sections, a rough surface and many steps.
4		Bushwalking experience essential	Tracks may be long, rough and very steep. Directional signage may be limited.
Easy		Novice riders with basic skills and fitness	Wide trail with a gentle slope and a relatively obstacle-free, hardened natural slope.
Intermediate		Experienced riders with moderate skills and fitness	Trail with obstacles, variable surface and moderate slope. May include steep sections.
Difficult		Experienced riders used to physically-demanding routes	Challenging and variable trail with long steep climbs or descents, loose surfaces and unavoidable obstacles.

## Connect with Queensland National Parks

-  [qld.gov.au/nationalparks](http://qld.gov.au/nationalparks)
-  [qld.gov.au/camping](http://qld.gov.au/camping)
-  [qld.gov.au/park-alerts](http://qld.gov.au/park-alerts) (access, closures and conditions)
-  [qldnationalparks](https://www.facebook.com/qldnationalparks)
-  [@QldParks](https://www.instagram.com/QldParks); [#QldParks](https://www.instagram.com/QldParks)

For help planning your holiday visit  
[queensland.com](http://queensland.com) and [tourismwhitsundays.com.au](http://tourismwhitsundays.com.au)

## Useful contacts

**For all emergencies:** Dial Triple Zero (000)

**Road conditions:** Visit the Department of Transport and Main Roads at [qldtraffic.qld.gov.au](http://qldtraffic.qld.gov.au) or phone 13 19 40.

Marine park information: Great Barrier Reef Marine Park Authority at [gbrmpa.gov.au](http://gbrmpa.gov.au)

Weather conditions: [bom.gov.au](http://bom.gov.au)

- Reef Zoning Map App (free download)  
‘Eye on the Reef’ App: [gbrmpa.gov.au](http://gbrmpa.gov.au)
- Triple Zero (000) emergency App (free download):  
[emergencyapp.triplezero.gov.au/](http://emergencyapp.triplezero.gov.au/)

 Sense the magic of a Whitsunday afternoon.  
Photo: Peter Lik © Tourism and Events Queensland